

Marina Abramovic. An artist's life Manifesto

1. An artist's conduct in his life:

- An artist should not lie to himself or others
- An artist should not steal ideas from other artists
- An artist should not compromise for themselves or in regards to the art market
- An artist should not kill other human beings
- An artist should not make themselves into an idol
- An artist should not make themselves into an idol
- An artist should not make themselves into an idol

2. An artist's relation to his love life:

- An artist should avoid falling in love with another artist
- An artist should avoid falling in love with another artist
- An artist should avoid falling in love with another artist

3. An artist's relation to the erotic:

- An artist should develop an erotic point of view on the world
- An artist should be erotic
- An artist should be erotic
- An artist should be erotic

4. An artist's relation to suffering:

- An artist should suffer
- From the suffering comes the best work
- Suffering brings transformation
- Through the suffering an artist transcends their spirit
- Through the suffering an artist transcends their spirit
- Through the suffering an artist transcends their spirit

5. An artist's relation to depression:

- An artist should not be depressed
- Depression is a disease and should be cured
- Depression is not productive for an artist
- Depression is not productive for an artist
- Depression is not productive for an artist

6. An artist's relation to suicide:

- Suicide is a crime against life
- An artist should not commit suicide
- An artist should not commit suicide
- An artist should not commit suicide



7. An artist's relation to inspiration:

- An artist should look deep inside themselves for inspiration
- The deeper they look inside themselves, the more universal they become
- The artist is universe
- The artist is universe
- The artist is universe

8. An artist's relation to self-control:

- The artist should not have self-control about his life
- The artist should have total self-control about his work
- The artist should not have self-control about his life
- The artist should have total self-control about his work

9. An artist's relation with transparency:

- The artist should give and receive at the same time
- Transparency means receptive
- Transparency means to give
- Transparency means to receive
- Transparency means receptive
- Transparency means to give
- Transparency means to receive
- Transparency means receptive
- Transparency means to give
- Transparency means to receive

10. An artist's relation to symbols:

- An artist creates his own symbols
- Symbols are an artist's language
- The language must then be translated
- Sometimes it is difficult to find the key
- Sometimes it is difficult to find the key
- Sometimes it is difficult to find the key

11. An artist's relation to silence:

- An artist has to understand silence
- An artist has to create a space for silence to enter his work
- Silence is like an island in the middle of a turbulent ocean
- Silence is like an island in the middle of a turbulent ocean
- Silence is like an island in the middle of a turbulent ocean

12. An artist's relation to solitude:

- An artist must make time for the long periods of solitude
- Solitude is extremely important
- Away from home
- Away from the studio
- Away from family
- Away from friends
- An artist should stay for long periods of time at waterfalls
- An artist should stay for long periods of time at exploding volcanoes
- An artist should stay for long periods of time looking at the fast running rivers
- An artist should stay for long periods of time looking at the horizon where the ocean and sky meet
- An artist should stay for long periods of time looking at the stars in the night sky

13. An artist's conduct in relation to work:

- An artist should avoid going to the studio every day
- An artist should not treat his work schedule as a bank employee does
- An artist should explore life and work only when an idea comes to him in a dream or during the day as a vision that arises as a surprise
- An artist should not repeat himself
- An artist should not overproduce
- An artist should avoid his own art pollution
- An artist should avoid his own art pollution
- An artist should avoid his own art pollution

14. An artist's possessions:

- Buddhist monks advise that it is best to have nine possessions in their life:
 - 1 robe for the summer
 - 1 robe for the winter
 - 1 pair of shoes
 - 1 begging bowl for food
 - 1 mosquito net
 - 1 prayer book
 - 1 umbrella
 - 1 mat to sleep on
 - 1 pair of glasses if needed
- An artist should decide for himself the minimum personal possessions they should have
- An artist should have more and more of less and less
- An artist should have more and more of less and less
- An artist should have more and more of less and less

15. A list of an artist's friends:

- An artist should have friends that lift their spirits
- An artist should have friends that lift their spirits
- An artist should have friends that lift their spirits

16. A list of an artist's enemies:

- Enemies are very important
- The Dalai Lama has said that it is easy to have compassion with friends but much more difficult to have compassion with enemies
- An artist has to learn to forgive
- An artist has to learn to forgive
- An artist has to learn to forgive

17. Different death scenarios:

- An artist has to be aware of his own mortality
- For an artist, it is not only important how he lives his life but also how he dies
- An artist should look at the symbols of his work for the signs of different death scenarios
- An artist should die consciously without fear
- An artist should die consciously without fear
- An artist should die consciously without fear

18. Different funeral scenarios:

- An artist should give instructions before the funeral so that everything is done the way he wants it
- The funeral is the artist's last art piece before leaving
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- The funeral is the artist's last art piece before leaving

<http://grandevetro.blogspot.com/2010/09/marina-abramovic-artists-life-manifesto.html>